

Principal Investigator: Santosh Gaihre
Email: s.gaihre@abdn.ac.uk

Information for research study participants

A dietetic clinical practice survey investigating the use of plastics and ancillaries with tube-fed patients in the UK.

We would like to invite you to take part in a research study. Before you decide, you need to understand why the research is being done and what it would involve. Please take time to read the following information carefully. Talk to others about the study if you wish. Ask us if there is anything that is not clear or if you would like more information. Please take time to decide whether or not you wish to take part.

What is the purpose of this study?

The study is being organised by the *University of Aberdeen in collaboration with Nutricia*. This is a master's project being completed by Aberdeen student Emma Fisher, and principal investigator Santosh Gaihre. All survey questions have been piloted by UK dietitians, and with peer review and expertise support of Linda Cantwell, Chair of PENG, to ensure clinical relevance. No financial support has been offered as part of this project, but Emma Fisher is a full-time member of staff within Nutricia. Gary Hubbard, Head of Research and Nutricia UK is also supporting due to his current research and expertise in the reuse of enteral tube feeding plastics.

As there is huge focus from the NHS on climate change, a reduction in plastic use could be useful to make the NHS more sustainable. Recent data shows containers can be reused within a 24-hour period. There is currently no research investigating current practice which patient groups can be reusing plastics. The study's aim is to identify current practice in relation to the use of the plastics (tubes and ancillaries etc), and how often these are reused, and hygiene managed in both hospital and home setting, with the hope to build guidance on the best practice of plastic use for patient safety and sustainability.

Why have I been chosen to take part?

As a practising dietitian you have been asked to complete this survey to capture what you currently do in your practice.

Do I have to take part?

No, you do not have to take part. If you initially think you would like to participate but change your mind at any time, you can stop the survey immediately and your data won't be saved. You will not be able to withdraw data after completing the survey, due to anonymising of the data.

What does taking part involve?

The study will consist of:

The study will consist of:

- Section 1: A consent form following reading this information sheet
- Section 2: A survey on your current practice which will take approximately 10 minutes

What are the risks associated with my taking part in the study?

There are no risks in completing this study

What are the benefits of taking part in the study?

Research could benefit service improvement but has no direct individual benefits. There will be no financial compensation for participation in the study during project time

Will my taking part in this study be kept confidential?

*All information which is collected during the course of the research will be kept strictly confidential and will have all identifying information removed. **Participant ID consent form***

What will happen to the data you get from me?

The University of Aberdeen will act as the data controllers for this study and will be responsible for looking after data and using it properly. Your rights to access, change or move this information are limited, as we need to manage the information in specific ways in order for the research to be reliable and accurate. To safeguard rights, we will use the minimum personally identifiable information possible. For more information visit <http://www.abdn.ac.uk/privacy> or contact the University of Aberdeen Data Protection Officer.

The University of Aberdeen will collect information from you for this research study in accordance with our instructions. We will use your name and the contact details you provide to contact you about the research study, and make sure that relevant information about the study is recorded and to oversee the quality of the study. The only people in the University of Aberdeen who will have access to information that identifies you will be people who need to contact you to arrange study visits or audit the data collection process. The people who analyse the information will not be able to identify you and will not be able to find out your name, address or contact details. The University of Aberdeen will keep non-identifiable data about you on its computers for 10 year.

What happens now?

Thank you for reading this information sheet. Please take time to consider whether or not you think you would like to take part in this study. If you would like further information or ask questions, please do so. If you wish to take part, then we will ask you to complete a consent form.

You can contact Emma Fisher by email: e.fisher.21@abdn.ac.uk