

What's New?

Highlights from the latest PENlines

Winter 2017



 **WELCOME**

Welcome to this micro edition of e-PENlines, which is the PENG members newsletter. e-PENlines is a newsletter allowing members to be updated on various activities and initiatives in the nutrition support arena. e-PENlines allows sharing of best practice, opportunity to ask fellow members questions, topical updates, diary dates, PENG resource news, news from Committee Members and a variety of interviews and opinions through the Elevator Interview section. In this micro edition you can see what the current edition of e-PENlines contains, if you are a PENG member and as yet have not signed up to receive and/or would like to find out more about PENG and how to become a member - please go to: www.peng.org.uk and as a PENG member you can sign-up to receive e-PENlines via the members section of the website. I hope you enjoy the 'teaser' and if you would like to contribute to future editions please contact: peng@bda.uk.com

Kate Hall, PENG Chair

 **FEATURE Article**

PENG Study Day and PENG Award Winners

The recent PENG Study Day, held in Birmingham the day before the Annual BAPEN Conference on 20th November 2017, was a great success. The latest issue of PENlines contains details on the day and the PENG Award winners.

BOOKINGS NOW OPEN FOR THE 2018 CLINICAL UPDATE COURSE

The PENG Clinical Update Course in Enteral & Parenteral Nutrition has been run annually for dietitians since 1985. In 1990 it was the first course to be validated by the British Dietetic Association.

In 2010 it was accredited at masters level by Queen Margaret University, Edinburgh.

There is a four-day residential from 18-21 June 2018.

On successful completion you will be awarded with 15 Masters Level credits from Queen Margaret University.

To be eligible to apply you have to: have relevant clinical experience at the time of application, not have attended the course in the last two years, have approval from your manager that you will be granted leave to attend.

The latest issue if PENLines features two Hot Topics:

- Enteral Feeding and Parkinson's Disease – Ethical considerations
By Emma Emmerson, Nutrition and Dietetic Service Lead/Lead HEF Dietitian, & Jennifer Harries, HEF Dietitian
- A report on the recent European Society of Intensive Care Medicine Congress
By Mina Bharal & Charlie Proctor, Critical Care Dietitians

★ Other HIGHLIGHTS

- **Elevator Interview** – We meet **Fiona Lithander**, Research Dietitian, Senior Research Associate and Nutrition Scientist, NIHR BRC Bristol
- **News** – Includes all the latest goings on from the nutrition arena.
- **BAPEN & Core Groups of BAPEN** – The latest from BAPEN.
- **Diary Dates** – Details of all the events relevant to your practice.
- **Committee Feedback** – The PENG Committee update you on everything PENG!

PENG Pocket Guide to Clinical Nutrition

NEW EDITION COMING SPRING 2018

Including:

- A new evidence based approach to the estimation of energy requirements based on 5 systematic reviews.
- Critical appraisal of the current literature resulting in a new approach to the management of refeeding syndrome.
- Full revision of the nutritional assessment, access routes and monitoring sections.
- Full update of the critical care, renal and bariatric sections.



An essential part of a dietitian's toolkit. Still ONLY £40 for non-PENG members.

Complimentary copy for PENG members who are members in the 2017/18 membership year.

PENG Membership

PENG membership renewal or annual subscription remain unchanged this year £20 incl VAT.

Being a PENG member offers dietitians many benefits including:

- Subsidised rates at PENG meetings
- Subsidised cost for PENG Pocket Guide to Clinical Nutrition
- Clinical Meetings at reduced price for members
- Reduced cost of BAPEN membership, plus dietetic representation at BAPEN
- Minimum four copies of e-PENlines a year which includes abstracts, conference summaries, clinical reviews
- Access to the PENG membership section of the website www.peng.org.uk
- Mentoring/buddying system
- Facility to ask fellow PENG members their best practice or advice through the membership email address
 - CPD opportunity to serve on the committee or work with them on individual projects

For dietitians to become a new PENG member or renew membership please download and complete the form: www.peng.org.uk/pdfs/membership/group-application-form-2014-2015.pdf