



Parenteral and Enteral Nutrition Group (PENG) of the BDA

ANNUAL REPORT March 2011 to February 2012

Committee Structure

Committee (as voted at AGM Nov 2011)

Position	Committee Nov 2011
Chair	Anne Holdoway (former Treasurer)
Vice Chair	Vera Todorovic (former Chair)
Treasurer	Sarah Ragoo (former membership secretary/Vice Treasurer)
Vice Treasurer	Vacant - required when current Treasurer in final year of office
Secretary	Arlene Barton
Communications Officer	Kate Hall
Meetings Organiser	Emma Forsyth
Education and Training	Carole-Anne Fleming
Clinical Update link	Ailsa Kennedy
Administrator (BDA Office)	Jaki Dickson

At the November AGM 2011 and in recent committee meetings it has been acknowledged and discussed that Clinical Leads are potentially a means by which we ensure that the committee possesses the breadth of clinical expertise to support both PEN Group members and the BDA. Clinical Leads will therefore be co-opted to the committee in 2012 to trial the value of this model in meeting key objectives

Membership Details

Membership renewal is due each year in March. **Membership end of Feb 2012 = 407**

At the end of March 2011 total membership was 160, mid-year this rose to 235 as a result of influx of members from the Clinical Update course who are entitled to PEN Group membership as part of the registration to the Clinical Update course.

The total number of members rose sharply following the launch of the Updated Pocket Guide (4th Edition), this was fuelled by the membership benefit unique to 2011-2012 which was the provision of a complimentary copy of the updated Pocket Guide for Clinical Nutrition; the PEN Group's primary publication.

The new Pocket Guide was launched at the PEN Group study day held in November 2011. The update of the entire Pocket Guide acted as an incentive to join PEN Group and during the PEN

Group study day and subsequent BAPEN conference that followed, a significant number of new members were recruited. Membership figures at the end of the membership year 2011-2012 stood at a healthy 407.

The challenge for PEN Group in 2012 -2013 is to retain existing members with an interest in Clinical Nutrition and build on the networking opportunities and engagement and benefits that the PEN Group membership offers.

We are currently unable to breakdown members into membership categories but transfer of membership renewal to the BDA Office in March 2012 should enable the PEN Group to analyse membership profiles in the future. Along with membership surveys and surveys to the wider profession such data will help tailor activities to support the membership.

Activities during the year

- PEN Group Study Day 28th November 2011
Held in Harrogate the day before the BAPEN conference. The theme for the study day was to explore the evidence underpinning practice using the Chapters of the newly launched Pocket Guide (4th Edition). The speakers included some of the authors of the chapters and the study day attracted 86 delegates and evaluated extremely well.
- PEN Group also played an active role in the delivery of the BAPEN conference (29th & 30th November 2011) in both content and delivery. PEN Group committee members manned a PEN Group stand in the exhibition area which enabled the promotion of PENG and provided the opportunity to highlight the membership benefits and promote sales of the 4th Edition of the PENG Pocket Guide to Clinical Nutrition.
- Update of Pocket Guide to Clinical Nutrition
The entire content of the PEN Group Pocket Guide was updated in 2011. The guide continues to be hugely successful. Over 2000 copies have been sold since the update was launched in November 2011.
- PEN Group committee members continue to play an active role in BAPEN through representation on several committees. In 2011 Anne Holdoway served on the BAPEN Executive team, Vera Todorovic as Chair of PEN Group served on BAPEN Council, MAG and the BAPEN Quality group and Pete Turner Chaired the BAPEN Programmes committee. This ensured that PEN Group continued to have a strong voice and influence the activities, direction and achievements of BAPEN.
- The Clinical Update course continues to be a successful event enabling Dietitians to develop advanced skills in clinical nutrition and enhance clinical skills and knowledge. Ailsa Kennedy continues to act as Clinical Lead liaising with QMU Edinburgh who now host the course. 76 delegates completed the Course in 2011 with a 50:50 split between Masters and cpd exit. In 2012 the course will operate at Masters level only.
- A membership survey via Survey Monkey was undertaken with the membership to evaluate the needs of the membership including resources, preferred methods of communication and member's ideas for future tasks and activities.
- PENlines continues to be the primary publication for the Group. This moved to electronic production in 2011 to reduce costs of publication. PENlines continues to be an important vehicle bringing the latest news and views to members including regular clinical updates. New for PENlines 2011 was the inclusion of "elevator interviews" which aim to inspire membership through sharing practice or by key messages from opinion leaders in the Dietetic profession or Healthcare.
- Conscious that the PENG website is our window to the outside world and is a vital

channel to enable members to contact each other and share practice, activities in 2011 have supported the development of the website to ensure that it continues to be fit for purpose. Activities in 2012 look to build on the achievements in 2011 and currently underway is the development of “discussion forums”, information exchange, new resources to download, plus an area for sharing best practice and innovation.

- PEN Group also responded to National documents from the CQC, NICE, DoH and through activities with BAPEN helped to promote the importance of delivering good nutritional care in all care settings. This objective remains key for 2012.
- With increasing specialist groups evolving within the BDA, PEN Group are aware of the need to work collaboratively across the profession with other specialist groups and networks, to ensure that outputs are maximised and duplication is avoided. The PEN group also continue to work collaboratively with the BDA to ensure the consistency of education from CED courses run by the BDA to the Masters level module run at QMU.
- The Chair of the PEN Group responded to the BMJ article “Bad Medicine - Medical Nutrition” February 2012. Jointly authored by Richard Leach, Chair of Nutrition Committee of RCP, Tim Bowling Chair of BAPEN and Mike Stroud, Chair of NICE guideline CG32, the article was published in the BMJ Feb 2012. (BMJ 2012;344:e811 doi: 10.1136/bmj.e811 (Published 14 February 2012))
- PEN Group were also represented at a number of National events including the Safety Express event in London, attended fora on nutrition in older people and have contributed to several national publications on the topic of Clinical Nutrition.

Resources

The Pocket Guide to Clinical Nutrition remains one of the most popular and essential resources for Dietitians, new sections are planned for 2012 and the possibility of an electronic version is being explored.

Future

The primary aim of the PEN Group is to facilitate dietitians working in oral, enteral and parenteral nutritional support to employ best / evidence based practice. In addition the PEN Group also acts as a voice of professional expertise for and on behalf of dietitians working in parenteral and enteral nutrition. The PEN Group committee acknowledge that these aims cannot be achieved by a committee but rely on active participation of our membership. We hope that we can provide the channels and forum so that through the cohesive work of the PEN Group committee and membership, Dietitians can deliver excellence in nutrition support. Activities planned for 2012 aim to facilitate this goal and include further development of the PEN Group website and use of IT/discussion forums.

Through information on the website, active email distribution and correspondence, and our publications such as PENlines, email alerts, contributions to BAPEN’s In-Touch and e-Touch, enquiry specific email facility and on line forums, the PEN Group aims to keep members connected and up to date. This aim dictates several key activities in 2012.

With increasing specialisation, the delivery of complex healthcare and the move to provide community based care, PEN Group hope to introduce Clinical Leads within the group in 2012. Along with our members this will ensure that the PEN Group are in a strong position to support its’ members and the Dietetic profession but also act in an advisory capacity on a National basis. The Clinical Leads will enable the Group to harness expertise in specialty areas but not at the expense of supporting more generalist roles. Utilising the expertise and enthusiasm from within the dietetic profession and PENG membership can only help strengthen the important role that the Dietitian plays in delivering optimal nutritional care.

PEN Group is actively involved in the first ever Digestive Disease Federation in June 2012 which is a landmark event in the UK. Members of PENG will be presenting, Chairing sessions, networking and promoting the Dietetic profession at this major collaborative event involving four of the UK's leading organisations in digestive diseases and nutrition including BAPEN and its core groups, the British Society of Gastroenterology, the British Association for the Study of the liver (BASL) and the Association of Upper GI Surgeons (AUGIS) .

PEN Group will also be actively engaging with its' membership and BAPEN to develop National guidance on many aspects of nutritional care. The first of these will be launched at the combined PEN Group / BAPEN meeting in November 2012 in conjunction with 'nutritional outcomes' symposia led by the PEN Group.

External Agencies

Several of our committee members represent the PEN Group within several committees of BAPEN such as Programmes, Education and Training, BAPEN Council thereby ensuring that the views of Dietitians are represented in the BAPEN multidisciplinary organisation and lobby to promote excellence in nutritional care on a National level and develop multi-professional resources.

Thank you section

As the new Chair of PEN Group I would like to acknowledge the immense amount of work that the committee members undertake particularly in their own personal time. Special mention must be given to Judy Beeston who supported the PEN Group for many, many years acting as the PEN Group administrator up until July 2011. Achievements to date would not have been possible without Judy's support. Thank you Judy.

I would also like to acknowledge the considerable amount of work that Vera Todorovic undertook not only as Chair but also on delivering the 4th edition of the Pocket Guide to Clinical Nutrition on time in November 2011; the demands for the Pocket Guide since launch reflect the huge success of this invaluable resource for Dietitians. Thank you too to all the authors who provided the expert knowledge in updating this valuable guide that supports Dietitians in their everyday practice.

Thanks must also be expressed to Pete Turner, Carole-Anne Fleming, Ailsa Kennedy and Emma Forsyth for their ongoing expertise in delivering high quality educational events including the BAPEN conference, PEN Group study days and the Clinical Update course; the latter of which could not be delivered without the expert input from the Clinical Update Tutors and more recently which has been helped and facilitated by QMU.

Thank you to Kate Hall who has made a considerable impact in her role as Communications Officer and has put considerable effort into ensuring that our members are actively engaged and regularly updated. Thank you and welcome to the 2 newest members to the PEN Group committee: Sarah Ragoo who did a sterling job in temporarily handling the membership and who has since effortlessly taken on the role of Treasurer and Arlene Barton who has an enviable skill in recording our minutes and who also represents the PEN Group on the BAPEN Education and Training Committee. Finally thanks must also be expressed to Jaki Dickson who is now supporting the PEN Group as Administrator; we look forward to working with Jaki and our membership and the BDA in the coming year.

Completed by :

Anne Holdoway (Chair of PENG)
On behalf of the PEN Group Committee

Date. 29-03-2012