

Parenteral and Enteral Nutrition Group (PENG) of the BDA

ANNUAL REPORT for BAPEN

Committee Structure

Chair	Anne Holdoway
Vice Chair	Vera Todorovic
Treasurer	Sarah Ragoo
Secretary	Arlene Barton
Communications Officer	Kate Hall
Meetings Organiser	Emma Emmerson (mat leave)
Education and Training	Carole-Anne Fleming
Clinical Update link	Ailsa Kennedy
Home Enteral Feeding Clinical Lead / BANS link	Katie Foster (part term) then vacant
Administrator (BDA Office)	Helen Robinson

Membership Details

Membership figures remained buoyant at 320. The majority of PENG members were also BAPEN members reflecting the joint collaboration and engagement of Dietitians with BAPEN and perceived value of both groups.

Membership renewal was handled by the BDA Office as the BDA cross-checks that members are registered members of the BDA

Objectives 2013

- To provide a forum for dietitians working in oral, enteral and parenteral nutrition support to share and employ best / evidence-based practice.
- To deliver ongoing education and training in line with members needs including the Clinical Update course at Masters level, symposia at BAPEN and BDA continuing education courses in clinical nutrition
- To act as a voice of professional expertise for and on behalf of dietitians on matters pertaining to nutrition support.
- To collaborate with core groups and committees of BAPEN, other specialist groups of the BDA and external bodies on both a national and international basis on specific projects or tasks to promote excellence in nutritional care
- To provide up to date resources to support Dietitians in practice
- To develop guidance on the use of liquidised feeds for tube feeding in response to growing need amongst carers and patients

Activities during 2013

PENG Study Days, Continuing Education and Professional Development

The PENG committee met with industry in Feb 2013 to discuss concerns regarding Dietitians limited engagement in audit and research. All parties agreed on working collaboratively to encourage such activities and drive this agenda forward and to work with others to overcome barriers for the profession.

Due to pressure on NHS training budgets and several competing events being run by the BDA and independent organisations, PENG chose not to run an independent study day in 2013 but agreed to focus on fully supporting the BAPEN programmes committee to integrate topics of relevance to the Dietetic audience in a multi-professional setting and support the Fresenius-Kabi event on clinical outcomes in clinical nutrition.

Three educational bursaries to the value of £500 each were funded by Abbott Nutrition, Nutricia and Fresenius-Kabi to financially assist PENG members, who had an abstract accepted for BAPEN, to fund attendance at the 21st BAPEN conference in Harrogate 2013.

PENG Clinical Update Masters Programme

The Annual PENG Clinical Update course ran successfully and continued to train up to 80 Dietitians a year in developing advanced skills in nutrition support. Whilst the Masters level programme represents excellent value for money, the PENG committee were aware that the cost is prohibitive to some individuals and organisations. PENG therefore offered scholarships to fund five places on the 2013 programme.

Resources and Communication

PENlines, the primary newsletter from PENG, had a makeover in 2013. The hard copy transitioned to a web-based, easy to navigate electronic format. The fresh, new look e-PENlines was developed with the help of Complete Media and Marketing Ltd. It continues to be funded by an educational grant from Nutricia. Whilst the electronic format has the advantage of removing the page restriction, our aim remained to provide highly relevant and concise features for PENG members three times a year. Thanks must be expressed to the many authors who contributed to the content including PENG members, the wider Dietetic profession, BAPEN Core Group Chairs, our patients; particularly those within PINNT, and colleagues in the NHS. Thanks also go to Kate Hall for her drive and determination in seeing the project through and for working continuously on the content.

? add image of e-PENlines

The PENG website continued to evolve. Content reflected current events in the world of nutrition support and alerted members to opportunities. A newsfeed and resource section was developed and will be further expanded in 2014. PENG teamed up with Fresenius-Kabi who gave kind permission to reference their Quarterly Abstract Bulletin on the PENG website helping members to keep up-to-date on the clinical aspects of nutritional support through abstract summaries.

PENG Pocket Guide to Clinical Nutrition

New sections on COPD, bariatrics and pancreatitis were launched and endorsed by professional associations. The Pocket Guide continued to be hugely successful Nationally and Internationally. Over the years (thanks to Vera Todorovic) it has generated significant funds for PENG, these reserves continue to be reinvested in PENG activities to support members.

Home Enteral Feeding

PENG collaborated with the dietetic 'virtual home enteral feeding group' to move the hosting of the group to the PENG website. Hosting is in the non-member section to enable a wide audience to access it. PENG hope this action will enable the HEF group to be financially supported and also foster links with the NNNG and BAPEN's BANs committee via our PENG HEF leads; Ailsa Kennedy and Sean White. We hope this move enables the professional forum to flourish and enhances the sharing of best practice, facilitates peer support and policy development and identifies gaps in the evidence base which could be addressed by PENG funds.

Liquidised Feeds

Ailsa Kennedy worked in conjunction with the Paediatric Group of the BDA, the BDA Head Office, the NNNG, PINNT and representatives from BAPEN and colleagues in industry, in developing a position statement on the use of liquidised feeds for tube feeding. Ailsa was pivotal in keeping all interested parties informed. The topic was (hotly) debated at the BAPEN conference. The presentations and debate were filmed and will be available as an e-learning module in autumn 2014.

Enteral Plastic Safety Group (EPSG)

The EPSG (Enteral Plastic Safety Group) was established to collectively represent the views of all leading UK enteral feeding devices suppliers, include clinical representation from the PENG of the BDA and the NNNG and obtain patient endorsement through PINNT, on matters pertaining to the safe use of enteral feeding devices from both a clinical and manufacturing perspective.

Ailsa Kennedy represented PENG on the EPSG. In 2013 the EPSG agreed a statement regarding the practice of administering liquidised food via enteral feeding tubes. The group reached a consensus to not endorse this method of enteral feeding practice as in general, the manufacturer's guidance states that only enteral feeding products defined as Foods for Special Medical purposes and water are administered via enteral feeding tubes, giving/extension sets and feeding pumps in the UK. The statement advises that any patient/carer wishing to make an informed choice to administer liquidised food via their enteral feeding tube should have an individualised enteral feeding risk assessment carried out in line with their Trust or Clinical Commissioning Group risk assessment policy. The level of risk identified should form a written agreement by the relevant patient/carer/ clinician in line with local guidance.

Other resources

The 'Managing Adult Malnutrition in the Community' (including the pathway for oral nutritional supplements), developed by a consensus group led by the Chair of PENG, continued to be a useful and accessible resource for HCPs, reflected in the number of hits which exceeded 10,000. New materials were developed and endorsed by key professional bodies to provide further easily accessible and downloadable information for HCPs, patients and carers.

Work with Medendum commenced to develop e-guidelines for GPs utilising the information contained within the Malnutrition Pathway.

Collaboration and Engagement on Projects in conjunction with other committees and members

PENG committee members played an active role in BAPEN through representation on several committees. Anne Holdoway as Chair served on the BAPEN Council, Vera Todorovic continued on the BAPEN Malnutrition Action Group (MAG) and Anne and Vera also contributed to the BAPEN Quality group along with other PENG members including Christine Baldwin and Liz Weekes. Pete Turner Chaired the BAPEN Programmes committee, supported by CaroleAnne Fleming, thus ensuring that the educational needs of the PENG membership and other Dietitians were met. On-going representation of PENG members on BAPEN committees and BAPEN projects ensured that Dietitians contributed to the outputs of BAPEN. With continued representation many Dietitians help influence the activities, direction and achievements of BAPEN, the latter of which are captured elsewhere in this report.

PENG also responded to National documents from NICE, DoH and jointly authored publications with BAPEN.

Looking Ahead – Fit for the Future

PENG undertook a review of the committee structure for the purpose of ensuring the committee has the skills necessary to support PENG members, BAPEN and the BDA in the current and future healthcare climate. The revised committee structure along with the appointment of a range of Clinical Leads to cover distinct areas of nutritional support was approved at the PENG AGM in November 2013

With increasing specialist groups evolving within the BDA, PENG are aware of the need to work collaboratively with other specialist Dietetic groups and networks to ensure that outputs are maximised and duplication is avoided. This remains a challenge. PENG will continue to work collaboratively with the BDA and other specialist groups to ensure the work of PENG and BAPEN are communicated effectively with the Dietetic profession, PENG members and BDA Head Office.

The primary aim of PENG remains to facilitate dietitians working in oral, enteral and parenteral nutritional support to employ best / evidence based practice and primarily prevent and/or treat disease-related malnutrition. The PENG committee acknowledge that such an aim cannot be achieved by a committee alone but relies on active participation of our membership and engagement with others including BAPEN. Building on the achievements and outputs of 2013, working collaboratively with patients and professionals, maintaining up to date information on the website, actively emailing, producing publications such as e-PENlines, contributing to BAPEN's In-Touch and e-Touch, facilitating enquiries and on-line forums, PENG aims to keep members of PENG and BAPEN connected and up to date. These aims dictate many key activities in 2014.

Acknowledgements

As Chair of the PENG I would like to acknowledge the immense amount of work that the committee members undertake primarily if not wholly in their own personal time. Thanks are expressed to Arlene Barton, Ailsa Kennedy, Emma Emmerson, Carole-Anne Fleming, Katie Foster, Kate Hall, Sarah Ragoo, Vera Todorovic, Pete Turner and Jacklyn Jones for their dedication and on-going expertise that contributes to the on-going success and efficient functioning of PENG during 2013.

Completed by :

**Anne Holdoway (Chair of PENG)
On behalf of the PENG Committee**

Date. 24th June 2014