

## Course Programme June 2026

|                                       |                                                          |              |
|---------------------------------------|----------------------------------------------------------|--------------|
| <b>Day 1 Mon 15<sup>th</sup> June</b> |                                                          |              |
| 8.30-9.00                             | Registration                                             |              |
| 9.00-9.30                             | Welcome and introduction to course                       | Ali Lyles    |
| 9.30-10.30                            | Critical appraisal lecture                               | Anna Julian  |
| 10.30-10.50                           | Break                                                    |              |
| 10.50-11.20                           | Introduction to tutor groups and pre-coursework feedback | Tutor groups |
| 11.30-12.30                           | Nutritional assessment & function lecture                | Darren Sills |
| 12.30-13.15                           | Lunch                                                    |              |
| 13.15-14.15                           | Nutritional assessment & function workshop 1             |              |
| 14.15-15.15                           | Nutritional assessment & function workshop 2             |              |
| 15.15-15.45                           | Break                                                    |              |
| 15.45-16.45                           | Metabolic response to starvation & refeeding lecture     | Rhys White   |
| 16.45-17.00                           | Introduction to assignment lecture                       | Ali Lyles    |
| 17.00 onwards                         | Trade stand exhibition and networking                    |              |
| Approx. 18:00                         | Dinner                                                   |              |

|                                        |                                                    |                  |
|----------------------------------------|----------------------------------------------------|------------------|
| <b>Day 2 Tues 16<sup>th</sup> June</b> |                                                    |                  |
| 09.00-10.00                            | Metabolic response to disease lecture              | Andriana Petrova |
| 10.00-11.15                            | Critical appraisal workshop                        | Tutor groups     |
| 11.15-11.45                            | Break                                              |                  |
| 11.45-12.45                            | Fluid & electrolyte status part 1 lecture          | Bruno Mafri      |
| 12.45-13.30                            | Lunch                                              |                  |
| 13.30-14.30                            | Fluid & electrolyte status part 2 lecture          | Mel Toon         |
| 14.30-15.30                            | Interpreting fluid and electrolyte status workshop | Tutor groups     |
| 15.30-16.00                            | Break                                              |                  |
| 16.00-17.00                            | Estimating energy & protein requirements lecture   | Clare Soulsby    |

|                                       |                                                                   |                |
|---------------------------------------|-------------------------------------------------------------------|----------------|
| <b>Day 3 Wed 17<sup>th</sup> June</b> |                                                                   |                |
| 09.00-10.00                           | Estimating energy & protein requirements workshop                 | Tutor Groups   |
| 10.00-11.00                           | Enteral nutrition access routes lecture                           | Linda Cantwell |
| 11.00-11.30                           | Break                                                             |                |
| 11.30-12.30                           | Enteral nutrition complications and monitoring lecture            | Becca Murphy   |
| 12.30-13.15                           | Lunch                                                             |                |
| 13.15-14.15                           | When to escalate? Decision making in artificial nutrition support | Beth Thompson  |
| 14.15-15.15                           | Enteral nutrition workshop part 1 & 2                             |                |
| 15.15-15.30                           | Break                                                             |                |
| 15.30-16.30                           | Enteral nutrition workshop part 1 & 2                             |                |

|                                        |                                                           |               |
|----------------------------------------|-----------------------------------------------------------|---------------|
| <b>Day 4 Thur 18<sup>th</sup> June</b> |                                                           |               |
| 09.00-10.00                            | Ethics in nutrition support lecture                       | Becca Murphy  |
| 10.00-10.30                            | Break                                                     |               |
| 10.30-11.30                            | Parenteral nutrition access routes & formulations lecture | Lisa Gemmell  |
| 11.30-12.30                            | Parenteral nutrition complications & monitoring lecture   | Alison Culkin |
| 12.30-13.15                            | Lunch                                                     |               |
| 13.15-14.15                            | Parenteral nutrition workshops (Introduction & Advanced)  |               |
| 14.15-14.45                            | Tutor group discussion                                    | Tutor groups  |
| 14.45-15.15                            | Putting PENG into practice                                | Alison Culkin |
| 15.15-15.30                            | Summary and evaluation                                    | Alison Culkin |