

Workshop on the New Method of Estimating Nutritional Requirements

The Renal Nutrition Group (RNG) are pleased to announce this event in collaboration with the Parenteral and Enteral Nutrition Group (PENG). This workshop is aimed to any dietitians wishing to gain confidence in estimating nutritional requirements. By the end of the workshop delegates will be confident to implement the new PENG recommendation in clinical practice. While there are some renal aspect you do not need to be a renal dietitians to attend, as the skills are transferable to other clinical settings.

Agenda for the workshop

- 09.00 Registration and coffee
Emma Taylor, QE Birmingham University Hospitals
- 09.15-10.00 Goodbye “Henry”! Welcome the new Method!
Bruno Mafrci, Nottingham University Hospitals NHS Trust
- 10.00-11.00 Case studies and group discussion 1: nutritional support, normal and extreme of BMI
- 11.00-11.20 Break
- 11.20-11.45 How to use the PENG guidelines in patients with kidney disease
Bruno Mafrci, Nottingham University Hospitals NHS Trust
- 11.45-12.45 Case studies and group discussion 2: acute kidney injury and chronic kidney disease
- 12.45-13.30 Lunch
- 13.30-14.30 Case studies and group discussion 3: renal replacement therapy
- 14.30-15.30 Refeeding syndrome: the new PENG guidelines in practice
Rhys White TBC
- 15.30-15.50 Break
- 15.50-16.50 Update from the ESPEN energy requirement symposium
Elizabeth Weekes TBC
- 16.50-17.00 Evaluation and conclusion

There is pre-course work to complete before this workshop