

BAPEN is a charitable association that raises awareness of malnutrition and working to advance the nutritional care of patients and those at risk from malnutrition in the wider community.

The BAPEN Annual Conference is a multi-disciplinary event organised by representation from each of the following organisations:



The BAPEN Annual Conference is organised by: **Sovereign Conference**
Seven Elms, Dark Lane, Astwood Bank, Redditch, Worcestershire, B96 6HB
Email: association@sovereignconference.co.uk

www.bapen.org.uk

2016 Annual Conference

Hilton Brighton Metropole Hotel
Tuesday 8th & Wednesday 9th November

First Announcement

BAPEN's malnutrition matters Conference focuses on providing quality nutritional care.



Significant discounts on
registration fees for
BAPEN members

Not a member of BAPEN?

Join at

www.bapen.org.uk/join.html



The meeting is approved for credits under the Continuing Medical Education (CME) Scheme by all Medical Royal Colleges.

The British Association for Parenteral and Enteral Nutrition Registered Charity 1023927

BAPEN's malnutrition matters Conference focuses on providing quality nutritional care. This year's conference symposia will cover:

Cost of Nutritional Support at Home

UK experts in home enteral and home parenteral nutrition will discuss the organisation and delivery of artificial nutrition at home, highlighting the cost/benefit issues for all parties involved: the patient, the hospital, industry and society. In addition, a patient on home PN will present his own experience of the service – the good points and the bad points.

Blended Food and Feeding Tubes

The desire to use blended natural food rather than commercial formula continues to remain popular among some tube fed patients and their carers. This symposium aims to give an overview of the latest research in the field, an overview blended food as the most widespread form of tube feeding in the United States and practical guidance on managing patients who prefer this option of feeding in the U.K.

BIFA Symposium

This symposium is a must for everyone working in intestinal failure. It will cover the BIFA position statement, a HIFNET update, drug absorption in short bowel syndrome and management of post-operative ileus.

Nutrition and Gut Function

This symposium hosted by BSPGHAN (British Society for Paediatric Gastroenterology, Hepatology and Nutrition) will explore how nutrition affects gut function concluding with some discussion of what we can learn from this area.

The 3 Wise Monkeys of Nutrition: see food, taste food, smell food

This symposium will debate the importance of multisensorial stimulation by different foods and how this may influence appetite and food intake in patients.

Quality & Safety in Prescribing Nutrition Support

The NCEPOD enquiry (2010) into nutrition support in NHS hospitals clearly showed that there was room for improvement. This symposium will consider what needs to be in place to ensure that nutrition support is prescribed and monitored safely? This is timely...considering the emerging roles, and responsibilities, for nutrition team members as supplementary and independent prescribers.

Access for Parenteral Nutrition

Parenteral nutrition can be administered peripherally via a cannula or centrally via PICC, temporary CVC or long term tunnelled central venous access device. Some patients on long term HPN get into difficulties when their major vessels thrombose and getting a vascular access device into a central vessel is a challenge. This symposium will be looking at the recommended parameters for administering parenteral nutrition through a vascular access device safely. It will explore the benefits and risks of administering parenteral nutrition peripherally via a cannula and discuss alternative methods in gaining access with the use of advanced technologies in patients with limited viable major vessels for a vascular access device.

Hospital Nutrition Support

This symposium, again hosted by BSPGHAN (British Society for Paediatric Gastroenterology, Hepatology and Nutrition) will evaluate practice of hospital nutrition teams in neonates, paediatrics and adults concluding with some discussion of what we can learn.

Gut Peptides, Appetite and GI Surgery

Have you ever wondered why some patients have a permanently poor appetite after their upper GI or pancreatic surgery? Gut peptides could be the key and this symposium will give an overview of their role in appetite regulation, before looking at the potentially negative effects of GI surgery on the pathways involved. This symposium isn't just for one the scientists, it will focus on the implications for clinical management of patients for everyone in the multidisciplinary team and how gut peptide manipulation could be a major part of future therapies in all types of GI surgery.

Nutrition in Everyday Practice

This exciting symposium hosted by the BAPEN trainees committee will be of interest to all healthcare professionals attending the BAPEN conference. This symposium includes an eclectic mix of speakers from differing backgrounds, and aims to provide practical information about commonly encountered nutritional problems. Talks are likely to be relevant to all who attend and will hopefully influence your future practice.

Steady as she Goes – Feeding the Metabolically Stressed

Providing optimal nutrition for the critically ill could all be down to timing – too much too early could be harmful. Caution with early energy may be the norm but do we also need

to be conservative with protein? Focusing on the subjects of muscle wasting and autophagy, international experts will look at the science behind nutrient requirements at the different stages of critical illness before a dietitian looks at the practical implications for our day to day practice.

Making the most of the Microbiome and 'FODMAPS vs. FADMAYS' The microbiome in clinical practice

Everyone is talking about gut microbiota and the microbiome but what is it, what does it do, and how can we use it to promote health and manipulate disease? It has been implicated in everything from obesity to cancer, food allergies to depression. The Education & Training Committee are delighted to host two consecutive symposia which will take you from basic colonic physiology to current evidence based clinical practice with keynote presentations from international experts. The symposia will end with a clinical case and expert panel debate. We aim to debunk the myths surrounding microbiota and demonstrate the use and limitations for everyday clinical practice.

Integration of health and social care, the implications for nutrition professionals

The four different countries in the UK have separate health systems but often a change

or initiative in one country leads to changes or initiatives elsewhere - we can learn from one another. One of the main changes in healthcare in recent times has been the integration of health and social care. Each country has tackled this somewhat differently and this symposium addresses this topic with the aim of mutual learning and improvement.

Clinical Nutrition Room 101

Which guidelines do experts follow and which ones would they like to see banished to the Clinical Nutrition Room 101? Which foods, nutrition products, treatments, politicians and metabolic pathways make our lives so difficult we'd like to see them gone for ever? A panel of BAPEN "experts" will give their opinions on what we could change to improve the nutritional management of our patients.

Other highlights will include:

- Keynote Lecture – Preserving Muscle in cancer patients from Prof Stephane Schneider
- Pennington Lecture – Nothing is ever wasted from Dr George Grimble
- Update on BAPEN's current activities and new initiatives
- Original Communications
- Chaired Poster Sessions
- Industry Exhibition

Abstracts

Abstracts will be considered by BAPEN for Oral and Poster Sessions. The method of presentation will be decided by the BAPEN Programmes Committee.

Abstracts relating to the symposia themes are particularly encouraged, although papers pertaining to all areas of clinical nutrition will be welcome.

CLOSING DATE FOR RECEIPT OF ABSTRACTS IS FRIDAY 24th JUNE, 2016

Full details available on the BAPEN website - www.bapen.org.uk.

PENG Award

Dietitians may submit abstracts that demonstrate the use of outcomes in nutritional support for the PENG Award. This longstanding award which is sponsored by Abbott, Nutricia and Fresenius will provide a supportive educational grant to enable the winner to attend BAPEN and present their abstract. See www.peng.org for details of the award and how to become a PENG member.

Accommodation

Accommodation is available at selected hotels in Brighton, within easy reach of the the Hilton Brighton Metropole. Further details are available on the BAPEN website.

BAPEN Annual Conference Early Bird Registration Fees

Tuesday 8th & Wednesday 9th November, 2016

FOR BOOKINGS MADE UPTO Monday 5th September 2016

2-Day Conference Rate	Member	Non-Member
Consultants & Associate Specialists	£316.67 + VAT = £380.00	£336.67 + VAT = £440.00
Trainee Doctors (ST3 and above)	£283.33 + VAT = £340.00	£333.33 + VAT = £400.00
Nurse/ Dietitian/ Pharmacist/ Allied health professional	£250.00 + VAT = £300.00	£300.00 + VAT = £360.00
Student/ Retired Health Professional	£116.67 + VAT = £140.00	£150.00 + VAT = £180.00
Day Delegate Rate	Member	Non-Member
Consultants & Associate Specialists	£166.67 + VAT = £200.00	£208.33 + VAT = £250.00
Trainee Doctors (ST3 and above)	£150.00 + VAT = £180.00	£183.33 + VAT = £220.00
Nurse/ Dietitian/ Pharmacist/ Allied health professional	£133.33 + VAT = £160.00	£158.33 + VAT = £190.00
Student/ Retired Health Professional	£66.67 + VAT = £80.00	£79.17 + VAT = £95.00

The Full Individual Members of BAPEN Rate is available if your BAPEN subscription has been paid in full at the time of receiving your registration form. The Student Rate is available to all pre and post graduate Students. The retired professional rate is open to any retired healthcare professional with an interest in nutrition.

The **2-Day Conference Rate** includes registration fees for Tuesday and Wednesday, admission to the Trade and Poster Exhibitions, tea/coffee and lunch daily.

The **Day Delegate Rate** includes the registration fees for *either* Tuesday or Wednesday, admission to the Trade and Poster Exhibitions, tea/coffee and lunch.

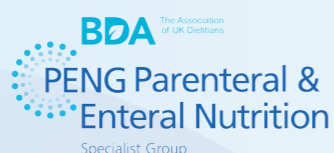
Your opportunity to choose either BAPEN Medical or PENG PRE-CONFERENCE TEACHING DAYS Monday 7th November 2016



Nutrition in Older People

This year's BAPEN Medical Teaching Day will discuss issues affecting the predominantly older in-hospital population nowadays. A faculty of experts in the field will present the physiology of ageing and the specific nutritional problems of old age, from causes and prevalence of malnutrition to the benefits of different methods of nutrition support in various categories of medical and surgical older patients. A number of interactive case-discussions will give delegates further opportunities to look in depth at the topics presented. Similar to the previous years, the teaching day will include the respective live LLL module endorsed by ESPEN, followed by an MCQ test and a certificate of attendance which will count into accumulating points for the ESPEN Diploma in Clinical Nutrition.

ALL WELCOME: This day is open to all Members of BAPEN Medical and BAPEN, and any clinician or health care professional with an interest in Nutrition Support including Gastroenterologists, Surgeons, Intensivists, and Trainees in any discipline. CPD will be applied for.



Extending the role of the dietitian in the management of enteral tube feeding

Dietitians currently play a pivotal role in the management of patients on enteral feeding. In a system where finances are stretched but high quality, patient-centred care needs to be delivered, extending the role of the dietitian to care for enteral feeding tubes including replacement, provides potential solutions to a number of issues including the avoidance of hospital admission or the need for further referrals. As well as creating a more flexible workforce in line with Government policy, the extended role can also enhance job satisfaction and increase autonomy.

The PENG educational leads are delighted to announce that the PENG study day on 7th November (the day prior to the main BAPEN multidisciplinary conference), will be a profession specific day focussing on the extended role of the nutrition support dietitian.

Don't miss this exciting opportunity to sign up and attend this interactive day which aims to enable you to extend your role in nutrition support by providing an opportunity to develop skills to take theory into practice to manage enteral feeding tubes. The learning experience will include a series of introductory presentations followed by tutor led workshops encouraging delegates to gain hands on experience on tube insertion, removal and troubleshooting. The latter part of the day will provide an update on the PENG Dietetic Outcomes Toolkit (DOT) – 6 months post launch - along with presentations from the 2016 PENG award winners. Note that this year's PENG awards will be awarded to PENG members who submit abstracts to BAPEN that focus on the measurement and use of outcomes in nutrition support – don't forget the latter could be you! For further details on the PENG award* and how to apply please visit www.peng.org.uk

*The PENG 2016 award (sponsored by industry), will fund winners (up to 3) to attend the BAPEN conference and offer the opportunity to present the work at the PENG meeting.

Places may be booked and paid for along with the BAPEN Annual Conference Registration Fees.

BAPEN Medical or PENG Pre-Conference Teaching Day Registration Fees

For bookings made	Early Bird (up to 5th Sept 2016)	
	Member	Non-Member
Consultants & Associate Specialists	£83.33 + VAT = £100.00	£125.00 + VAT = £150.00
Trainee Doctors (ST3 and above)	£62.50 + VAT = £75.00	£91.67 + VAT = £110.00
Nurse/ Dietitian/ Pharmacist/ Allied health professional	£54.17 + VAT = £65.00	£79.17 + VAT = £95.00
Student/ Retired Health Professional	£33.33 + VAT = £40.00	£45.83 + VAT = £55.00

MAG & its impact over the past 20 years

A celebration of the careers of Prof Marinos Elia & Christine Russell



The Malnutrition Action Group (MAG) within BAPEN has formed the core part of BAPENs activities over the years. It has influenced current practice and is still relevant to current and future practice within the UK, and worldwide.

To include the clinical and economic burden of malnutrition the establishment of BANS, 'MUST', NSW and other surveys and their impact on both national policies and clinical practice.

BAPEN ANNUAL DINNER

Tuesday 8th November 2016
Hilton Brighton Metropole



Step back into a bygone golden era and relive the glamour and decadence of the roaring twenties for this year's BAPEN Annual Dinner.

Famous for its flirty flapper dancers, gangsters, illicit gambling and iconic Cotton Club stars, Duke Ellington and Ella Fitzgerald; this hugely popular theme is sure to help you really get into the swing of things and enjoy a stolen moment in time.

Ticket price: £40.00 per person inclusive of meal with drinks, entertainment & VAT.

Registration form and booking details available on the BAPEN website: www.bapen.org.uk