

What's New?

Highlights from the latest PENlines

Winter 2015



WELCOME

Welcome to this micro edition of e-PENlines, which is the PENG members newsletter. e-PENlines is a quarterly newsletter allowing members to be updated on various activities and initiatives in the nutrition support arena. e-PENlines allows sharing of best practice, opportunity to ask fellow members questions, topical updates, diary dates, PENG resource news, news from Committee Members and a variety of interviews and opinions through the Elevator Interview section. In this micro edition you can see what the current edition of e-PENlines contains, if you are a PENG member and as yet have not signed up to receive and/or would like to find out more about PENG and how to become a member - please go to: www.peng.org.uk and as a PENG member you can sign-up to receive e-PENlines via the members section of the website. I hope you enjoy the 'teaser' and if you would like to contribute to future editions please contact: peng@bda.uk.com



Kate Hall, PENG Communications Officer

FEATURE Article

PENG Audit and Research Symposium

On 16th November 2015, PENG facilitated their Audit and Research Symposium at The Strand in London. Over 50 delegates participated in the workshop led symposium and this also allowed the opportunity for the six winners of the 2015 PENG Award to present their abstracts and share their findings. All delegates were invited to place a pledge – to state what they hope to achieve as a result of today in three months time. Each pledge was written on a London postcard and will be posted out to each delegate in February 2016 to keep the day's discussion and debate alive. Highlights from this successful symposium can be found in the latest issue of PENlines, and slides of the presentations and minutes from the PENG AGM can be found via the members' section of the PENG website: www.peng.org.uk



Queen Margaret University
EDINBURGH

PENG Clinical Update Course 2016



The Parenteral & Enteral Nutrition Group - A Specialist Group of the BDA

The clinical update course is a 7 month course aimed at experienced dietitians working predominantly in nutritional support. The course is taught at Master's level and on successful completion delegates will be awarded with 15 Master's level credits (equivalent to one module) from Queen Margaret University, Edinburgh.

The course starts in March, when pre-course work is sent out, and ends in September when the post-course assessment is submitted. The residential week will be 20th of June – 23rd of June 2016 at Queen Margaret University, Edinburgh

For further information visit: www.peng.org.uk/clinical-update

Committee NEWS

PENG Research Grant Opportunity

PENG award small grants to PENG members to undertake research, audit and service evaluation in the area of clinical nutrition and nutrition support. The money can be used to support aspects of running a project – project costs, equipment and for help with salaries. Exceptionally money can be awarded to support study at post graduate level in a relevant area and with a research focus.

If PENG Members are interested in applying for a grant more details can be found at the PENG website: www.peng.org.uk/education-research/peng-grants.php.

New HPN LinkedIn group

Are you looking after patients on HPN?

Would you like to discuss aspects of care with other dietitians working in this area of nutrition support?

If yes, then please consider joining our new LinkedIn group so that we can start an informal HPN dietetic group. The group is called 'Dietitians in HPN Group UK'.

We are aiming to set up a contact list of dietitians to share resources and audit/research ideas.

If you have any questions then please email: alisonculkin@nhs.net.

★ Other HIGHLIGHTS

- **Elevator Interviews** – Meet **Siobhan Lendzionowski**, Leadership Support Manager – Patient Experience, NHS England, and **Lesley Carter**, Programme Manager from the Malnutrition Task Force.
- **Hot Topics** – Eileen O'Neill, PENG Committee Member, reports on the ESICM Lives 2015 28th Annual Conference, which took place in Berlin on 3rd – 7th October 2015. Plus, the BSNA share results from a survey providing insights into healthcare professionals' perceptions of current guidance and training with regards to PN.
- **Chair's Update** – Anne Holdoway, Chair of PENG, provides an update on PENG activity and current projects.
- **BAPEN & Core Groups of BAPEN** – The latest from BAPEN and it's associated groups.

PENG Publications

Pocket Guide to Clinical Nutrition

4th edition updated 2011, editors: Vera Todorovic and Ann Micklewright

Buy your very own copy now by contacting: pocketguide-peng@bda.uk.com
or for more information visit: www.peng.org.uk

NEW UPDATED SECTIONS



Reduced Price for
PENG
members

PENG Membership

**PENG membership renewal or annual subscription remain unchanged this year £20 incl VAT.
Being a PENG member offers dietitians many benefits including:**

- Subsidised rates at PENG meetings
- Subsidised cost for PENG Pocket Guide to Clinical Nutrition
- Clinical Meetings at reduced price for members
- Reduced cost of BAPEN membership, plus dietetic representation at BAPEN
- Minimum four copies of e-PENlines a year which includes abstracts, conference summaries, clinical reviews
- Access to the PENG membership section of the website www.peng.org.uk
- Mentoring/buddying system
- Facility to ask fellow PENG members their best practice or advice through the membership email address
 - CPD opportunity to serve on the committee or work with them on individual projects

For dietitians to become a new PENG member or renew membership please download and complete the form: www.peng.org.uk/pdfs/membership/group-application-form-2014-2015.pdf