

What's New?

Highlights from the latest PENlines

Spring 2019



WELCOME

Welcome to this micro edition of e-PENlines, which is the PENG members newsletter. e-PENlines is a newsletter allowing members to be updated on various activities and initiatives in the nutrition support arena. e-PENlines allows sharing of best practice, opportunity to ask fellow members questions, topical updates, diary dates, PENG resource news, news from Committee Members and a variety of interviews and opinions through the Elevator Interview section. In this micro edition you can see what the current edition of e-PENlines contains, if you are a PENG member and as yet have not signed up to receive and/or would like to find out more about PENG and how to become a member - please go to: www.peng.org.uk and as a PENG member you can sign-up to receive e-PENlines via the members section of the website. I hope you enjoy the 'teaser' and if you would like to contribute to future editions please contact: peng@bda.uk.com

Kate

Kate Hall, PENG Chair

FEATURE Article

The PENG Award: How I used the Award to further my knowledge

Jenny Leyland, Specialist Dietitian for Critical Care, describes how she used the Award to further her knowledge of intensive/critical care nutrition.

PENG Pocket Guide to Clinical Nutrition

NEW EDITION COMING MAY 2019

Including:

- A new evidence based approach to the estimation of energy requirements based on 5 systematic reviews.
- Critical appraisal of the current literature resulting in a new approach to the management of refeeding syndrome.
- Full revision of the nutritional assessment, access routes and monitoring sections.
- Full update of the critical care, renal and bariatric sections.

An essential part of a dietitian's toolkit. Complimentary copy for PENG members who are members in the 2017/18 membership year.



Hot TOPIC

NHSE Intestinal Failure (IF) New Specification

Kirstine Farrer, Consultant Dietitian Intestinal Failure, Salford Royal NHS Foundation Trust (BDA Rep on NHSE IF Clinical Working Group), provides an update on NHSE Intestinal Failure (IF) New Specification.

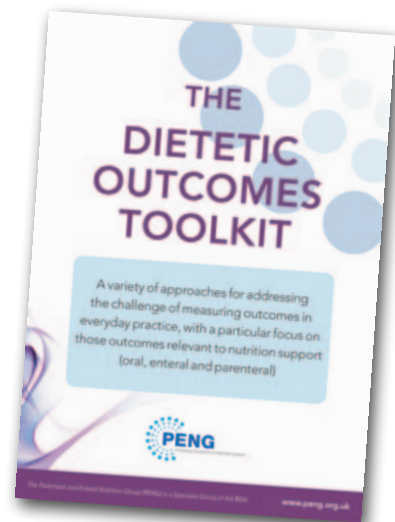
Other HIGHLIGHTS

- **Elevator Interviews** – We meet PENG members Rachel Carter, Wound Care Link for PENG, and Nick Bergin, Specialist Nutrition Support Dietitian and Team Leader, Airedale NHS Foundation Trust.
- **News** – Includes all the latest goings on from the nutrition arena.
- **BAPEN & Core Groups of BAPEN** – The latest news from BAPEN, BANS & BIFA.
- **Diary Dates** – Details of all the events relevant to your practice.
- **Committee Feedback** – The PENG Committee update you on everything PENG!

Dietetics Outcomes Toolkit ('DOT')

'DOT' provides dietitians with a variety of approaches for measuring outcomes in dietetic care; vital to demonstrate the value and impact of dietetic services to commissioners and the wider health community.

Free copies of the Toolkit can be downloaded from the PENG website: www.peng.org.uk



PENG Membership

PENG membership renewal or annual subscription remain unchanged this year £20 incl VAT.

Being a PENG member offers dietitians many benefits including:

- Subsidised rates at PENG meetings
- Subsidised cost for PENG Pocket Guide to Clinical Nutrition
- Clinical Meetings at reduced price for members
- Free BAPEN membership, plus dietetic representation at BAPEN
- Minimum four copies of e-PENlines a year which includes abstracts, conference summaries, clinical reviews
- Access to the PENG membership section of the website www.peng.org.uk
- Mentoring/buddying system
- Facility to ask fellow PENG members their best practice or advice through the membership email address
- CPD opportunity to serve on the committee or work with them on individual projects

For dietitians to become a new PENG member, or renew membership, please visit:

www.peng.org.uk/join-us/