

What's New?

Highlights from the latest PENlines

Spring 2020



 WELCOME

Welcome to this micro edition of e-PENlines, which is the PENG members newsletter. e-PENlines is a newsletter allowing members to be updated on various activities and initiatives in the nutrition support arena. e-PENlines allows sharing of best practice, opportunity to ask fellow members questions, topical updates, diary dates, PENG resource news, news from Committee Members and a variety of interviews and opinions through the Elevator Interview section. In this micro edition you can see what the current edition of e-PENlines contains, if you are a PENG member and as yet have not signed up to receive and/or would like to find out more about PENG and how to become a member - please go to: www.peng.org.uk and as a PENG member you can sign-up to receive e-PENlines via the members section of the website. I hope you enjoy the 'teaser' and if you would like to contribute to future editions please contact: peng@bda.uk.com

With best wishes,

Kate Hall, PENG Chair

**PENG
Webinar & AGM**

6th October 2020

SAVE THE DATE

www.peng.org.uk

PENG Pocket Guide to Clinical Nutrition

AVAILABLE TO ORDER

Including:

- A new evidence based approach to the estimation of energy requirements based on 5 systematic reviews.
- Critical appraisal of the current literature resulting in a new approach to the management of refeeding syndrome.
- Full revision of the nutritional assessment, access routes and monitoring sections.
- Full update of the critical care, renal and bariatric sections.

An essential part of a dietitian's toolkit.



The Obesity Paradox

Following the 2019 ESPEN Congress in Krakow, Poland, Ellie Holmes, Teaching Fellow in Nutrition and Dietetics, highlights some of the research presented surrounding the obesity paradox.

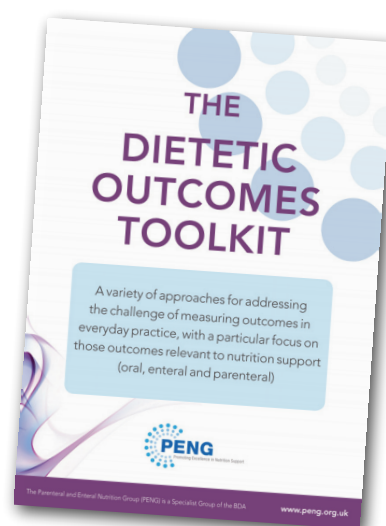
★ Other HIGHLIGHTS

- **Hot Topic** – COVID-19 & Nutrition; your quick guide to useful resources.
- **Elevator Interview** – We meet Becky Smith the new PENG Communications Officer.
- **News** – Includes all the latest goings on from the nutrition arena.
- **BAPEN & Core Groups of BAPEN** – BAPEN and BANS Committee provide updates.
- **Diary Dates** – Details of all the events relevant to your practice.
- **Committee Feedback** – The PENG Committee provide the latest details on the 2020 PENG meeting and AGM.

Dietetics Outcomes Toolkit ('DOT')

'DOT' provides dietitians with a variety of approaches for measuring outcomes in dietetic care; vital to demonstrate the value and impact of dietetic services to commissioners and the wider health community.

Free copies of the Toolkit can be downloaded from the PENG website: www.peng.org.uk



PENG Membership

PENG membership renewal or annual subscription remain unchanged this year £20 incl VAT. Being a PENG member offers dietitians many benefits including:

- Subsidised rates at PENG meetings
- Subsidised cost for PENG Pocket Guide to Clinical Nutrition
- Clinical Meetings at reduced price for members
- Free BAPEN membership, plus dietetic representation at BAPEN
- Minimum four copies of e-PENlines a year which includes abstracts, conference summaries, clinical reviews
- Access to the PENG membership section of the website www.peng.org.uk
- Mentoring/buddying system
- Facility to ask fellow PENG members their best practice or advice through the membership email address
 - CPD opportunity to serve on the committee or work with them on individual projects

For dietitians to become a new PENG member, or renew membership, please visit:

www.peng.org.uk/join-us/