

# What's New?

Highlights from the latest PENlines

Winter 2018



## WELCOME

Welcome to this micro edition of e-PENlines, which is the PENG members newsletter. e-PENlines is a newsletter allowing members to be updated on various activities and initiatives in the nutrition support arena. e-PENlines allows sharing of best practice, opportunity to ask fellow members questions, topical updates, diary dates, PENG resource news, news from Committee Members and a variety of interviews and opinions through the Elevator Interview section. In this micro edition you can see what the current edition of e-PENlines contains, if you are a PENG member and as yet have not signed up to receive and/or would like to find out more about PENG and how to become a member - please go to: [www.peng.org.uk](http://www.peng.org.uk) and as a PENG member you can sign-up to receive e-PENlines via the members section of the website. I hope you enjoy the 'teaser' and if you would like to contribute to future editions please contact: [peng@bda.uk.com](mailto:peng@bda.uk.com)

*Kate*

Kate Hall, PENG Chair

## FEATURE Article

### Where are we now with parEN?

Alison Culkin, PN Lead for the PENG Committee, provides a report on the PENG Study Day, which took place on 26th of September 2018, Birmingham.

## PENG Pocket Guide to Clinical Nutrition

### NEW EDITION COMING SOON

#### Including:

- A new evidence based approach to the estimation of energy requirements based on 5 systematic reviews.
- Critical appraisal of the current literature resulting in a new approach to the management of refeeding syndrome.
- Full revision of the nutritional assessment, access routes and monitoring sections.
- Full update of the critical care, renal and bariatric sections.

**An essential part of a dietitian's toolkit. Complimentary copy for PENG members who are members in the 2017/18 membership year.**



### National Severe Intestinal Failure (SIF) Adult Services

Kirstine Farrer, Consultant Dietitian Intestinal Failure – BDA representative on NHSE Clinical Working Group, provides an update on National Severe Intestinal Failure (SIF) Adult Services.

### ESPEN Conference

Alison Culkin, Research Dietitian, Nutrition & Dietetic Department, St Mark's Hospital, shares her highlights from the ESPEN Conference, which took place in Madrid, Spain.

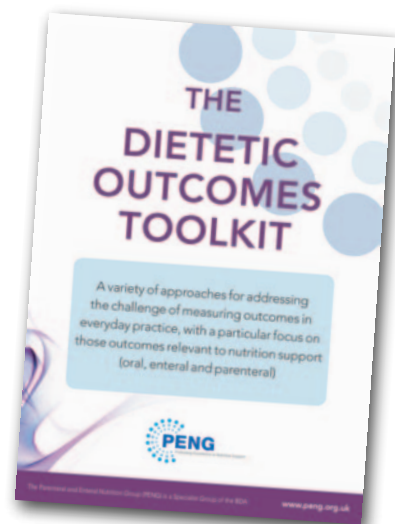
### ★ Other HIGHLIGHTS

- **Elevator Interview** – In an alternative Elevator Interview, this edition we meet the new ACBS Chair, Alison Smith.
- **News** – Includes all the latest goings on from the nutrition arena.
- **BAPEN & Core Groups of BAPEN** – The latest news from BAPEN, BANS & BIFA.
- **Diary Dates** – Details of all the events relevant to your practice.
- **Committee Feedback** – The PENG Committee update you on everything PENG!
- **PENG Clinical Update Course** – The winners of a FREE place on the 2019 PENG Clinical Update Course are revealed.

## Dietetics Outcomes Toolkit ('DOT')

'DOT' provides dietitians with a variety of approaches for measuring outcomes in dietetic care; vital to demonstrate the value and impact of dietetic services to commissioners and the wider health community.

Free copies of the Toolkit can be downloaded from the PENG website: [www.peng.org.uk](http://www.peng.org.uk)



## PENG Membership

**PENG membership renewal or annual subscription remain unchanged this year £20 incl VAT.**

**Being a PENG member offers dietitians many benefits including:**

- Subsidised rates at PENG meetings
- Subsidised cost for PENG Pocket Guide to Clinical Nutrition
- Clinical Meetings at reduced price for members
- Free BAPEN membership, plus dietetic representation at BAPEN
- Minimum four copies of e-PENlines a year which includes abstracts, conference summaries, clinical reviews
- Access to the PENG membership section of the website [www.peng.org.uk](http://www.peng.org.uk)
- Mentoring/buddying system
- Facility to ask fellow PENG members their best practice or advice through the membership email address
- CPD opportunity to serve on the committee or work with them on individual projects

**For dietitians to become a new PENG member or renew membership please download and complete the form: [www.peng.org.uk/pdfs/membership/group-application-form-2014-2015.pdf](http://www.peng.org.uk/pdfs/membership/group-application-form-2014-2015.pdf)**